



NASPCON Virtual Conference
Date: 6 March 2021
Scientific Program

TIME (Nepali time)		
	Session 1 (Moderator Dr Renu Gurung)	
8.30 am - 8.45 am	Welcome speech from IASP/NASP President	
8.45 am - 9.10 am	Role of Regenerative Medicine in Pain	Dr Chris Paulus
9.10 am - 9.35 am	CRPS-Current Understanding and Therapy	Dr Harsha Shanthanna
9.35 am - 10 am	MRI in Low Back Pain	Dr Joseph Park
10 am -10.25 am	Cervicogenic Headache	Dr Philip Chan
10.25 am - 10.35 am	Break	
	Session 2 (Moderator Prof. Balkrishna Bhattarai)	
10.35 am -11 am	Coping Strategies in Chronic Pain	Dr Ravi Shakya
11 am - 11.25 am	Multi-modal Approach in Cancer Pain Management	Dr M.R. Rajagopala
11.25 am -11.50 am	Phrenic Nerve Sparing Shoulder Blocks	Prof. Sindhu Khatiwada
11.50 am -12.15 pm	Ultrasound Guided Lumbar Spine Interventions for Chronic Pain	Dr Helen Gharaei
12 pm -12.10 pm	Break	
	Session 3 (Moderator Dr Ninadini Shrestha)	
12.10 pm -12.35 pm	Unveiling the Enigma of Diagnostic Dilemma of Orofacial Pain	Dr Apeksha Mainali
12.35 pm - 1 pm	Opioids in Perioperative Settings: Friend or foe?	Dr Sambhu Acharya
1 pm -1.25 pm	Drugs in Neuropathic Pain: How to obtain the best results?	Prof. Troels Jensen
1.25 pm -1.50 pm	Peripheral Neuromodulation in chronic pain: Past, present and future.	Dr Athmaja Thottungal
1.50 pm - 2 pm	Break	
2 pm - 3 pm	Session 4. Free Papers (Moderator Prof. Krishna Pokharel)	
3 pm	Closing Remarks	